



Edition **2024.09** 

The Dictus Band gives users with muscular weaknesses confidence and freedom



The Dictus Band helps thousands of people suffering from weak muscles and inabilites to lift their foot and/or leg sufficiently, to re-discover an active lifestyle.

The magic is a rubber band that supports and eases the lifting of the foot or leg in the gait cycle.

In this broschure you will find the different Dictus models that each have great features to provide the lifting support needed.

The Dictus Family:

- > Gives the user confidence and feedom by reducing the risk of stumbling and falling.
- > Helps the foot lift and leg swing phase supporting the balance and a more natural gait.
- ► Is made from durable soft and amenable leather.
- > Has rubber bands supporting the flex and lifting.
- Is a discreet aid that is suitable for use with most type of shoes as well as giving the possibility to use indoor without shoes.
- > Can be worn over ordinary, or under loose clothing.
- > Have models available for both adults and children.
- ▶ Is universal can be used on both sides.

Find more information about Dictus at **www.erimed.se**, or through your local distributor.

### Dictus Indoor

Many Dictus users prefer not to have to wear shoes indoors as well. Then the Dictus Indoor is perfect. The separate indoor device is to be used together with Dictus Original or Dictus Flex. It is also a standard part of the Dictus Hip-Foot device.

Dictus Indoor consists of a soft durable leather cuff with two plastic hooks. It is to be put on the forefoot and linked to the rubber band and ankle device for lifting support.

For details on the Ankle device – please see Dictus Original and Dictus Flex.

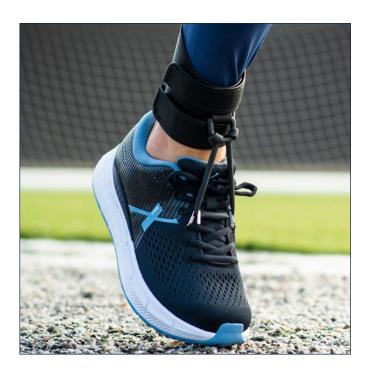


Art.no	Item ref	Description	Unit	Other information
530300-000	DS-03J	DS-03J Dictus Indoor Junior	ea	Children, left/right
530300-011	DS-03R	DS-03R Dictus Indoor Right	ea	Adult right
530300-111	DS-03L	DS-03R Dictus Indoor Left	ea	Adult left





## Dictus Original



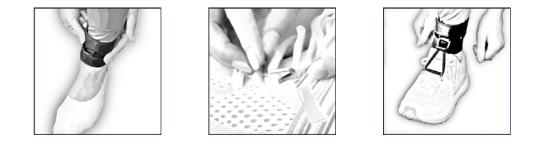
Dictus Original is a fantastic foot drop device that has been on the market for over 20 years, providing thousands of people help when having weakened foot flexion situation caused either by injury or a disease.

Dictus Original consists of a soft leather band that is attached to the ankle by velcro straps. On to the ankle band a rubber band is attached, connected to hooks on the shoe. You can choose either the mono-hook or two steel hooks.

You can also use Dictus Original with an indoor device described on page 3.

The rubber band shall always be mounted so that the seam of the rubber band is in the D-ring on the ankle band in order to ensure minimal force to the seam. It can provide extra lifting support by being twisted, and there are also spare rubber bands in other lengths available.

With the Dictus Original set comes duplicate rubber bands and two sets of steel hooks to ensure a long term use of the device. If you would like to give the Dictus Band another color, it is easily fixed with a Cover Sock. Beige is available as standard.



# Dictus Original – available parts

### All parts included in a Dictus Original set:



#### Article description of all components available for Dictus Original:

Art.no	Item ref	Description	Unit	Other information
530200-000	DS-02J	DS-02J Dictus Original Junior	1 set	Ankle circ. 12-17 cm
530200-011	DS-02M	DS-02M Dictus Original Medium	1 set	Ankle Circ. 15-20 cm
530200-021	DS-02L	DS-02L Dictus Original Large	1 set	Ankle Circ. 20-27 cm
530200-031	DS-02XL	DS-02XL Dictus Original XL	1 set	Ankle Circ. >26 cm
530100-041		Rubberband std length 180 mm circ.	ea	Spare
530100-241		Rubberband -20 mm to std	ea	Spare
530100-341		Rubberband -30 mm to std	ea	Spare
530100-941		Rubberband -9 mm to std	ea	Spare
530100-003		S-hooks Steel	pair	Spare
530100-002		Monohook w plastic base	ea	Spare
530100-001		Extra Plastic hooks	pair	Spare
530100-500		Dictus Cover Sock, Beige	ea	Other colors available on request





Measuring ankle circ.



**Dictus Cover Sock** 



### Dictus Flex



Dictus Flex is a development based out of Dictus Original. It is a fantastic foot drop device, providing great support to people having a weakened foot flexion situation caused either by injury or a disease.

Dictus Flex consists of a soft leather band that is attached to the ankle by velcro straps. The outer fabric of Dictus Flex makes it possible to fasten Velcro pads with an attached rubber band. The rubber band is pulled through a central D-ring, and then attached to hooks on the shoe. You can choose either the mono-hook or two steel hook.

You can also use Dictus Flex with an indoor device described on page 3.

The lifting power can easily be adjusted by pulling and changing the Velcro pads on the Ankle band.

With the Dictus Flex set comes duplicate rubber bands and two sets of steel hooks to ensure a long term use of the device. If you would like to give the Dictus Band another color, it is easily fixed with a Cover Sock. Beige is available as standard.







# Dictus Flex – available parts

### All parts included in a Dictus Flex set:



### Article description of all components available for Dictus Flex:

Art.no	Item ref	Description	Unit	Other information	
530400-000	DS-04J	DS-04J Dictus Flex Junior	1 set	Ankle circ. 12-17 cm	
530400-011	DS-04M	DS-04M Dictus Flex Medium	1 set	Ankle Circ. 15-20 cm	
530400-021	DS-04L	DS-04L Dictus Flex Large	1 set	Ankle Circ. 20-27 cm	
530400-031	DS-04XL	DS-04XL Dictus Flex XL	1 set	Ankle Circ. >26 cm	
530100-400		Flex Rubberband 35 cm	ea	For Junior/Medium	
530100-440		Flex Rubberband 40 cm	ea	For Large/X-large	
530100-003		S-hooks Steel	pair	Spare	
530100-002		Monohook w plastic base	ea	Spare	
530100-001		Extra Plastic hooks	pair	ir Spare	
530100-500		Dictus Cover Sock, Beige	ea	ea Other colors available on request	





Measuring ankle circ.



**Dictus Cover Sock** 



## Dictus Hip-Knee



- Dictus Hip-Knee is an orthopaedic aid to support users with weakness in the hip flexor and upper leg caused by a disease or trauma.
- It helps hip flexion and lifting of the upper leg, giving power to the leg, as well as a better gait and movement control.
- It fits both sides (universal) and with the smart belt hooks you have the possibility of a flexible placement of the rubberband supporting different lifting directions as needed.

Dictus Hip-Knee comes in two different sizes supporting waist measures from 55-130 cm – thus suitable for a wide range of individuals.

A standard size rubber band is included in the package, however – there is also a shorter rubberband available as spare.

For individuals with large or swollen thighs there is also a spare XL thigh band available.

To support users where the hip belt is falling down under the belly or users who need extra care for belly parts – there is a spare suspender available.

## Dictus Hip-Knee – available parts

All parts included in a Dictus Hip-Knee Set:



#### Article description of all components available for Dictus Hip-Knee:

Art.no	Item ref	Description	Unit	Other information	
530500-011	DS-50M	DS-50M Dictus Hip-Knee Complete Medium	1 set	See measurement table	
530500-021	DS-50L	DS-50L Dictus Hip-Knee Complete Large	1 set	See measurement table	
530510-011	DS-51M	DS-51M Hipbelt Medium	ea	55-80 cm circ. / Spare	
530510-021	DS-51L	DS-51L Hipbelt Large	ea	80-130 cm circ. / Spare	
530520-011	DS-52M	DS-52M Thigh piece Medium	ea	30-40 cm circ. / Spare	
530520-021	DS-52L	DS-52M Thigh piece Large	ea	40-50 cm circ. / Spare	
530520-031	DS-52XL	DS-52M Thigh piece X-Large	ea	>50 cm circ. / Spare	
530530-000		Dictus Suspenders	ea	Universal	
530100-050		Rubberband 50 cm	ea	50 cm / Spare (included in set)	
530100-040		Rubberband 40 cm	ea	ea 40 cm / Spare	
530100-003		S-hooks Steel	pair	air Spare	
530100-002		Monohook w plastic base	ea	ea Spare	
530100-001		Extra Plastic hooks	pair	Spare	

### Measure table Dictus Hip-Knee

Part	Size Medium	Size Large	Extra sizes – not in set, sold as spare
Hip belt	Waist measurement 55-80 cm	Waist measurement 80-130 cm	
Thigh piece	30-40 cm circ. *	> 40 cm circ. *	>50 cm circ sold separate *
Rubber band	50 cm length	50 cm length	40 cm length – sold separate

\* Thigh measurement 10 cm above the patella.



Spare Suspenders



## Dictus Hip-Foot



- Dictus Hip-Foot is an orthopaedic aid to support users with weakness in the leg and foot caused by a disease or trauma.
- It helps the hip flexor and lifting of the upper leg as well as foot. It gives power to the leg and foot in the swing phase of the step, giving the user a better gait and balance.
- It fits both sides (universal) and with the smart belt hooks you have the possibility of a flexible placement of the rubberband supporting different lifting directions as needed.
- The Dictus Hip-Foot can be used with hooks in the shoes, or with the Dictus Indoor device included in the set.

Dictus Hip-Foot comes in two different sizes supporting waist measures from 55-130cm – thus suitable for a wide range of individuals.

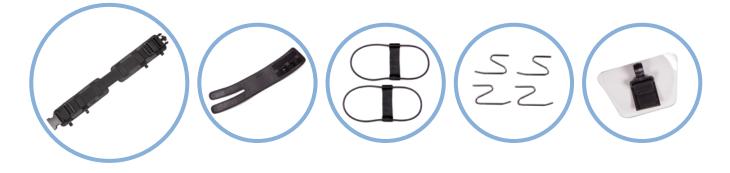
A standard size rubber band is included in the package, however – there are also other lengths available as spare.

To support users where the hip belt is falling down under the belly or users who need extra care for belly parts – there is a spare suspender available.

There is also a Spare Knee Cap available if extra stability of the rubber band is needed.

## Dictus Hip-Foot – available parts

All parts included in a Dictus Hip-Foot Set:



#### Article description of all components available for Dictus Hip-Foot:

Art.no	Item ref	Description	Unit	Other information	
530500-311	DS-53M	DS-53M Dictus Hip-Foot Complete Medium	1 set	See measurement table	
530500-321	DS-53L	DS-53L Dictus Hip-Foot Complete Large	1 set	See measurement table	
530510-011	DS-51M	DS-51M Hipbelt Medium	еа	55-80 cm circ. / Spare	
530510-021	DS-51L	DS-51L Hipbelt Large	ea	80-130 cm circ. / Spare	
530300-011	DS-03R	DS-03R Dictus Indoor Right	ea	Adult right / Spare	
530300-111	DS-03L	DS-03R Dictus Indoor Left	ea	Adult left / Spare	
530530-000		Dictus Suspenders	ea	Universal	
530530-001		Dictus Knee Cap for Hip-Foot	ea	Universal	
530100-100		Rubberband without knee band 100 cm	ea	Length 100 cm / Spare	
530100-101		Rubberband with knee band 100 cm	ea	Length 100 cm (included in set)	
530100-080		Rubberband with knee band 80 cm	ea	Length 80 cm / Spare	
530100-120		Rubberband with knee band 120 cm	ea	Length 120 cm / Spare	
530100-003		S-hooks Steel	pair	Spare	
530100-002		Monohook w plastic base	ea	Spare	
530100-001		Extra Plastic hooks	pair	Spare	





Measure table Dictus Hip-Foot Hip belt

Size	Medium	Large
Hip belt	Waist measurement 55-80 cm	Waist measurement 80-130 cm

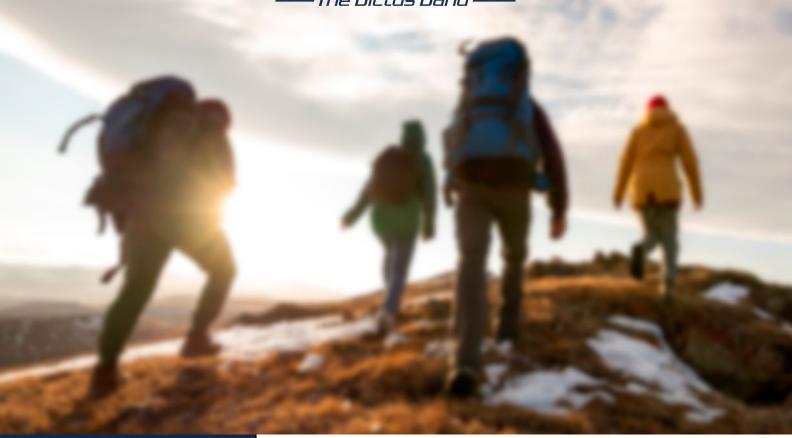
Spare Suspenders

### Measure table Dictus Hip-Foot rubberband

Measure	Standard	Extra long	Extra short
	100 cm –	120 cm – spare,	80 cm – spare,
	included in set	not included	not included
Approximate user length/height	160 cm-183 cm	>183 cm	<160 cm

Knee Cap







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Distributed by:

#### **Medical Device**

Dictus is a Class 1 MDR registered CE-marked Medical Device, and comply with the applicable requirements of EU Medical Device Regulation 2017/745.