

FOOT AND ANKLE



Dictus Flex

- Fabric Orthosis for the treatment of Foot drop to reduce the risk of tripping/falling
- Ankle wrap with two elastic straps
- Comes with four metal hooks and one clip for between laces
- Shoeless section is available separately

Size	Ankle Circumference	Code
Child	12–17 cm	530400-000
Medium	15–20 cm	530400-011
Large	20–27 cm	530400-021
X-Large	> 26 cm	530400-031



Dictus Original

- Orthosis for the treatment of Foot drop to reduce the risk of tripping/falling
- Fixed band to add security to fit
- Comes with four metal hooks and one clip for between laces
- Shoeless section is available separately

Size	Ankle Circumference	Code
Child	12–17 cm	530200-000
Medium	15–20 cm	530200-011
Large	20–27 cm	530200-021
X-Large	> 26 cm	530200-031



Dictus Spare Parts and Accessories

Dictus Flex and Original Barefoot

Size/Side	Code
Adult Barefoot Right	530300-011
Adult Barefoot Left	530300-111
Child Barefoot	530300-000



Spare Parts

Part	Code
Dictus Original Rubber Band	
Rubber band/single	530100-041
Rubber band 9 mm shorter/single	530100-941
Dictus Flex Elastic straps	
Child/Medium	530100-400
Large/X-Large	530100-440
Spare Parts Flex and Original	
S-hooks/pair	530100-003
Plastic hooks/pair	530100-001
Monohook for Dictus/single	530100-002

Dictus Hip Foot

- Adjustable hip belt
- Elastic rubber band with knee band that is attached to the shoe or foot
- The rubber band assists with hip flexion and foot drop
- Four metal hooks and one clip for between laces
- Can be used over regular clothing or under loose clothing.
- Can be used on one or both legs and is universal.
- Shoeless section available separately



Size	Hip Belt Size	Band Length	Code
Medium	55–80 cm	100 cm	530500-311
Large	80–130 cm	100 cm	530500-321

Indications

- Decreased muscle strength - difficulty flexing/lifting at the hip, knee and foot
- Circumduction due to hip weakness
- Stroke
- MS (Multiple Sclerosis)

Dictus Hip Foot Alternative Bands	Size	Code
Rubber band with knee band for Dictus HIP-Foot	80 cm	530100-080
Rubber band with knee band for Dictus HIP-Foot	100 cm	530100-101
Rubber band with knee band for Dictus HIP-Foot	120 cm	530100-120
Rubber band (no knee band)	100 cm	530100-100

Dictus Hip Foot Spare Parts	Code
S-hooks / pair	530100-003
Dictus BareFoot piece	530300-011
Plastic hooks / pair	530100-001
Monohook for Dictus / pcs	530100-002

Airmed Footlift

- Consists of three separated pieces: an above ankle wrap section, a non-slip insert with a hook to fix between the tongue and shoelaces and an elastic section to attach the two parts to provide foot lift.
- On back part of the strap, there is an inner gel pad for a higher comfort on the Achilles tendon, and the instep area is padded.
- Discrete, flexible, it takes no space on the shoe, being easy to fit. To be used with lacing shoe.
- Its function is to lift the foot during the swing phase of gait

Indications

- Foot Drop

Size	Ankle Circumference	Code
X-Small	13–17 cm	ATX01-XS
Small	17–21 cm	ATX01-S
Medium	21–25 cm	ATX01-M
Large	25–29 cm	ATX01-L



Shoeless Section for Airmed Footlift

- Foot wrap for use with Airmed Footlift (available separately)
- It consists of a foot wrap with hook attachment for the drop foot orthosis to enable its use without footwear or some slip-on shoes / slippers

Size	Ankle Circumference	Code
Small	17–21 cm	ATX11-S
Medium	21–25 cm	ATX11-M
Large	25–29 cm	ATX11-L



Please specify Left or Right when Ordering

AFO Strong

- Soft padding for protection of the tibia and the calf
- Full Foot plate

Indications

- Weakness of dorsiflexion of the foot (drop foot)
- Light to moderate spasticity



Size	Shoe Size	Height	Left	Right
Small	35–39	28 cm	M9051-SL	M9051-SR
Medium	40–43	29 cm	M9051-ML	M9051-MR
Large	41–44	34 cm	M9051-LL	M9051-LR
X-Large	> 44	39 cm	M9051-XLL	M9051-XLR

Matrix

- Energy storing, composite footplate and strut
- Lateral strut is anterior to malleolus
- Open calcaneal design
- Custom-fit, anterior shell and footplate

Indications

- Low activity patients
- Simple, unilateral drop foot
- Maximum weight of 113 kg



Size	Height	Foot Length	Left	Right
Small	39–42 cm / 15.5–16.5 in	< 25 cm / < 9.8 in	FH200L-02	FH200R-02
Medium	41–43 cm / 16–17 in	24–27 cm / 9.4–10.6 in	FH200L-03	FH200R-03
Large	43–46 cm / 17–18 in	25–29 cm / 9.8–11.4 in	FH200L-04	FH200R-04

Matrix Max

- Lightweight, carbon composite frame with enhanced stability
- Reinforced lateral strut that is anterior to malleolus
- Open calcaneal design
- Custom-fit, anterior shell and footplate

Indications

- Low to high activity patients
- Unilateral or bilateral drop foot
- Suitable for partial foot amputations



Size	Height	Foot Length	Left	Right
Small	39–42 cm / 15.5–16.5 in	< 25 cm / < 9.8 in	FH250L-02	FH250R-02
Medium	41–43 cm / 16–17 in	24–27 cm / 9.4–10.6 in	FH250L-03	FH250R-03
Large	43–46 cm / 17–18 in	25–29 cm / 9.8–11.4 in	FH250L-04	FH250R-04
X-Large	43–46 cm / 17–18 in	26–31 cm / 10.2–12.2 in	FH250L-05	FH250R-05

Matrix Pace

- Posterior medial strut of intermediate stiffness for best combination of support, flexibility and energy return
- Ergonomic footplate with curved heel for better foot fitting
- Narrower footplate for greater variety of compatible footwear
- Breathable padded cuff with reverse pull hook and loop compatible strap
- Flexible high strength band that easily conforms around calf muscles.

Indications

- Low to high activity patients with unilateral or bilateral drop foot



Size	Height	Footplate Length	Left	Right
Small	36.5 cm	< 23.6 cm	FH400L02	FH400R-02
Medium	36.5 cm	25 cm	FH400L03	FH400R-03
Large	38.5 cm	26.4 cm	FH400L04	FH400R-04

Malleo Immobile Night

- Universal immobilisation orthosis
- Positions the foot in slight dorsiflexion
- Washable pads and straps
- Universal fits left and right

Indications

- Functional Contractures
- Inflammation of the plantar tendon (plantar fasciitis)
- Tendinopathy
- Irritation of the Achilles tendon

Size	Shoe Size	Foot Length	Code
Small	36.5 cm	< 23.6 cm	50S20-1
Medium	36.5 cm	25 cm	50S20-1
Large	38.5 cm	26.4 cm	50S20-1



Malleo Neurexa Pro

- Thermoplastic ankle-foot orthosis with dynamic pronation strap.
- Yields when spasticity occurs
- Returns the foot to the neutral position after relaxation
- Can be used as a day splint
- Dynamic pronation strap
- Corrects supination

Indications

- Drop foot without/with moderate supination of the foot due to spasticity

Size	Left	Right
35–37	28U50=L35–37	28U50=R35–37
37–39	28U50=L37–39	28U50=R37–39
39–41	28U50=L39–41	28U50=R39–41
41–44	28U50=L41–44	28U50=R41–44



Rebound Walker

- Diabetic Walker Boot
- Unique pressure relief valve for preventing over-inflation, while balancing compression with customised fit
- Rocker Bottom outsole for a smooth roll over while allowing for individual natural toe out
- Soft and breathable, low friction, machine washable liner for hygiene promotion and prevention of infection



Indications

- Plantar foot ulcers and wound prevention

Size	UK Shoe	EU Shoe	Code
Small	4–6.5	36–39	B-242500002
Medium	7–10	39.5–44	B-242500003
Large	10.5–12	44.5–46.5	B-242500004
X-Large	12.5–14.5	47–50	B-242500005

Replacement Liners

Size	Liners	Insoles
Small	B-418500102	B-418500202
Medium	B-418500103	B-418500203
Large	B-418500104	B-418500204
X-Large	B-418500105	B-418500205

EvenUP

- Elevated sole designed to offset the imbalance
- Rubber bands to stretch over the shoe
- Facilitates a comfortable recovery.

Indications

- Leg Length Discrepancy

Sizes	UK Shoe	Code
Small	2–7	AUSG-01-2-EN-S
Medium	6.5–9.5	AUSG-01-2-EN-M
Large	9–13	AUSG-01-2-EN-L



ComforSil Bunion Protector

- Hallux valgus corrector with
- Protective silicone pad in the bunion area.
- Made from soft, seamless elastic material with different compression zones.

Indications

- Hallux Valgus
- Bunions

Size	Side	Code
One Size	Left	CC450 739229
One Size	Right	CC450 739278



Elastic ankle Support with Silicone Pad and fig 8 Stabilisers

- Brace equipped with figure-of-eight straps
- Front opening with Velcro fasteners
- Front closure
- Figure-of-eight strap fixed to the sole of the foot with a seam

Indication

- Minor sprains
- Prevention of sprains while playing sport
- Tendinitis

Size	Measurement	Code
Small	20–22 cm	T114-S
Medium	22–24 cm	T114-M
Large	24–26 cm	T114-L
X-Large	26–28 cm	T114-XL



MalleostrongPro

- Thin Breath-o-prene® structure
- Medial and lateral shells
- Additional rear padding for improved comfort
- Rear elastic fastening strap
- Circular, stabilising strap (can be shortened to fit)

Indications

- Inversion Injury
- Post-operative functional recovery
- Functional recovery of consequences of malleolar fractures
- Chronic instability of the tibia-tarsus joint and in sporting activity



Size	Shoe Size (EU)	Left	Right
X- Small	30–34	MA1028-XSL	MA1028-XSR
Small	35–38	MA1028-SL	MA1028-SR
Medium	39–42	MA1028-ML	MA1028-MR
Large	43–47	MA1028-LL	MA1028-LR
X-Large	> 47	MA1028-XLL	MA1028-XLR

Malleo Dynastab BOA

- Slim low profile design
- Fast, easy and reliable BOA tightening system, with lifetime guarantee
- Figure 8 strapping system provides additional lateral reinforcement
- Bilateral fits left and right

Indications

- Ankle Sprain

Size	Ankle Circumference	Code
0	16–19 cm	2351 020
1	19–22 cm	2351 021
2	22–26 cm	2351 022
3	26–30 cm	2351 023



Bilateral Model fits both left and right

Push Aquei

- Rigid support is situated exclusively on the medial side of the ankle
- Recess for the malleolus
- The lateral side is made from preformed foam, which easily adapts to the individual anatomy

Indications

- Serious ankle instability
- Treatment of acute lateral ankle ligament injury
- Follow-up treatment of conservative or operated ankle fractures
- Arthrosis with instability without accumulation of fluid
- Secondary prevention of ankle ligament injury (under high stress without accumulation of fluid)



Size	Short Heel Circumference	Left	Right
1	27–31 cm	POA1-L	POA1-R
2	31–34 cm	POA2-L	POA2-R
3	34–40 cm	POA3-L	POA3-R

APU Prafo

- Articulating Ankle/Foot Orthosis
- Adjustable Posterior Upright
- precise, simplified, and calibrated method of setting the optimal dorsi/plantar flexion angle

Indications

- CVA, TBI, SCI and Diabetic neuropathy
- Post tendo achilles lengthening immobilisation
- Post Botox or serial casting
- Stable fractures of the foot and ankle
- Tendon or ligamentous tear/rupture



Size	Foot length	Calf Height	Calf Circumference	Calf Width	Foot Plate Width	Weight Limit
Adult	6.75" to 12"	12" to 13"	20"	4"	3.75"	113Kg

DynaPro AFO

- Antimicrobial material which helps prevent odour and infection
- Effectively reverses ankle/foot contractures
- Elastic pull straps effectively treat plantar flexion, inversion or eversion
- Non-skid bottom for safer transfers

Size	Foot Length	Max Calf Circ.	Model No
Small	15–20 cm	38 cm	DPAFO-02
Medium	20–25 cm	43 cm	DPAFO-03
Large	25–28 cm	48 cm	DPAFO-04



SoftPro In Bed AFO

- Rotation hip bar located at the top of the AFO which helps to maximise rotation control
- Anterior foot strap maintains heel position in AFO
- Contoured rigid insert calf support to help maintain leg position
- Antimicrobial material which helps prevent odour and infection
- Non-skid base which prevents slipping during transfers



Size	Foot Length	Max Calf Circ.	Model No
Small	15–20 cm	38 cm	SP10S-02
Medium	20–25 cm	43 cm	SP10S-03
Large	25–28 cm	48 cm	SP10S-04
X-Large	28–31 cm	58 cm	SP10S-05
Bariatric (Fleece lining only)	N/A	53–81 cm	SP10S-07

SoftPro Ambulatory AFO

- Indicated for treating plantarflexion contractures at the ankle or to protect the heel from unwanted pressure while in bed.
- Semi-rigid insert that can be positioned to accommodate the angle of the ankle/foot with mild to moderate plantarflexion contractures.
- Covered by a laminated foam/cloth cover that can be laundered as necessary.
- Toe post protects the toes from shear forces on the toes from bed covers during in-bed use.



Indications

- Plantarflexion Contracture
- Heel Offloading
- Hip rotation control

Size	Foot Length	Max Calf Circ	Code
Small	6"-8"	15"	SP 20-00
Medium	18"-10"	17"	SP 20-01
Large	10"-11"	19"	SP 20-02
X-Large	11"-12"	23"	SP 20-03

Available with fleece lining on request