

HIP



Dictus Hip-Knee

Dictus Hip is a versatile orthosis designed for individuals with weak hip flexors, such as those living with Multiple Sclerosis. Its adjustable nature allows for easy customisation, providing immediate feedback on progress without extensive adjustments.' Dictus Hip-Knee consists of a comfortable hip belt and elastic rubber band that is attached to the thigh.

Indications

- Decreased muscle strength - difficulty flexing/ lifting at the hip, knee and foot
- Circumduction due to hip weakness
- Stroke
- MS (Multiple Sclerosis)

Benefits of the Dictus HIP-Knee

- Dictus Hip gives power to the leg in the swing phase and thus a better gait.
- Provides direct feedback on results.
- Can be used over regular clothing or under loose clothing.
- Can be used on one or both legs and is universal.



Dictus HIP-knee Complete Kit

Size	Hip Belt Size	Thigh Size	Band Length	Code
Medium	55–80 cm	30–40 cm	50 cm	530500-011
Large	80–130 cm	40–50 cm	50 cm	530500-02

Dictus Hip Fitting Kit

The Dictus Hip fitting kit contains all the parts you require to trial the Dictus Hip-Foot and Foot-Knee. Consisting of a medium and a large belt, with all band lengths for both the thigh and foot versions. The kit also contains both medium and large thigh sections. The kit is available at a significantly reduced cost over purchasing the components separately.

Can only be purchased once by each centre.

Size	Code
Universal	DICTUSFIT



Dictus HIP-knee components

Dictus HIP Belt Short



Size	Waist Measure	Code
Medium	55–80 cm	530510-011
Large	80–130 cm	530510-021

Dictus Thigh Piece



Size	Thigh Measure	Code
Medium	30–40 cm	530520-011
Large	40–50 cm	530520-021
X-Large	> 50	530520-031

Dictus Hip Braces

Code: 530530-000



Dictus Foot piece

Code: 530300-011



S-Hooks pair

Code: 530100-003



Plastic Hooks pair

Code: 530100-001



Monohook for Dictus

Code: 530100-002



Dictus Rubber band for HIP-Knee

40 cm Code: 530100-040

50 cm Code: 530100-050



Dictus Hip Foot

Dictus Hip-Foot consists of a comfortable hip belt and elastic rubber band with knee band that is attached to the foot part.

The rubber bands assist with hip flexion. The level and pulling direction of the assistance can be easily set according to the user's needs, easy to change the pulling direction of flexion, adduction, inward rotation. If Dictus HIP-Foot is used, the foot inversion can also be corrected.

Indications

- Decreased muscle strength - difficulty flexing/lifting at the hip, knee and foot
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- MS (Multiple Sclerosis)

Benefits of the Dictus HIP-foot

- Dictus Hip gives power to the leg in the swing phase and thus a better gait.
- Provides direct feedback on results.
- Can be used over regular clothing or under loose clothing.
- Can be used on one or both legs and is universal.



Dictus HIP-foot Complete

Size	Hip Belt Size	Band Length	Code
Medium	55–80 cm	100 cm	530500-311
Large	80–130 cm	100 cm	530500-321

Dictus Hip Foot Alternative Bands

Size	Code
Rubber band with knee band for Dictus HIP-Foot	
80 cm	530100-080
100 cm	530100-101
120 cm	530100-120
Rubber band (no knee band)	
100 cm	530100-100

Dictus Hip Foot Spare Parts

Part	Code
S-hooks (pair)	530100-003
Dictus BareFoot piece	530300-011
Plastic hooks (pair)	530100-001
Monohook for Dictus pieces	530100-002

Rebound Hip

- Low-profile, lightweight design that supports patient comfort and compliance
- Quick-release pegs easily adjust the desired range-of-motion needed for the patient's optimal rehab
- Quick-fit with sliding mechanism on frame to adjust for patient's height
- Optional, adjustable ROM hinge enables adduction/abduction from 0° to 10°, 20° or 30°

Indications

- Postoperative after (total) hip arthroplasty
- Postoperative after revision of (total) hip arthroplasty
- Postoperative hip arthroscopy
- Post-op following FAI arthroscopic surgery
- Post-op following gluteus medius repair surgery
- Post-op following hamstring repair surgery
- Inoperable hip abnormalities
- Preventively when there is risk of hip dislocation
- Conventional treatment after dislocation/reduction

Universal size up to 122 cm hip circumference

Version	Left	Right
Rebound Hip	980130RB	980135RB
with adjustable hinge	980120RB	980125RB



Hernix 42 – Male hernia containment briefs

- Hypoallergenic, thin, soft and comfortable cotton fabric structure adapted for boxer
- Reinforced and shaped inner structure
- Under-thigh inner pullers, with calibrated traction
- Closed and shaped front, lined with soft cotton jersey
- Fitted for hernia pads (M24699M)
- Two M24699M male hernia pads included.
Additional pads are available to be purchased separately



Indications

- Containment for starting hernias and reducible inguinal hernias
- Pre-op (with the insertion of hernia compression pads)
- Post-op
- Recurrence prevention

Size	Pelvic Circumference	Code
1	83–87 cm	M246421
2	88–92 cm	M246422
3	93–97 cm	M246423
4	98–103 cm	M246424
5	104–109 cm	M246425
6	110–115 cm	M246426
7	116–122 cm	M246427
8	123–130 cm	M246428

Hernix 49 – Male hernia boxer briefs

- Hypoallergenic, thin, soft and comfortable cotton fabric structure adapted for boxer
- Reinforced and shaped inner structure
- Under-thigh inner pullers, with calibrated traction
- Closed and shaped front, lined with soft cotton jersey
- Fitted for hernia pads (M24699M)
- Two M24699M male hernia pads included.
Additional pads are available to be purchased separately.



Indications

- Containment for starting hernias and reducible inguinal hernias
- Pre-op (with the insertion of hernia compression pads)
- Post-op
- Recurrence prevention

Size	Pelvic Circumference	Code
1	83–87 cm	M246491
2	88–92 cm	M246492
3	93–97 cm	M246493
4	98–103 cm	M246494
5	104–109 cm	M246495
6	110–115 cm	M246496
7	116–122 cm	M246497
8	123–130 cm	M246498

Hernix 90 – Female Hernia Brief

- Very supportive, hypoallergenic, soft and comfortable cotton fabric structure.
- Reinforced and shaped internal structure for correct support of the abdominal wall
- Soft finishing on the leg area for maximum comfort
- Fitted for hernia pads (M24699W)
- Two M24699W female hernia pads included. Additional pads available to be purchased separately
- Gusset opening

Indications

- Inguinal hernias, ptosis, and prolapse containment
- Post-op
- Hernia recurrence prevention



Size	Pelvic Circumference	Code
1	83–87 cm	M246901
2	88–92 cm	M246902
3	93–97 cm	M246903
4	98–103 cm	M246904
5	104–109 cm	M246905
6	110–115 cm	M246906
7	116–122 cm	M246907
8	123–130 cm	M246908